

#KnowTheFAACTS

About Fish Allergy

Types of Finned Fish



anchovy



bass



catfish



cod



flounder



grouper



haddock



hake



halibut



herring



mahi mahi



perch



pike



pollock



salmon



snapper



sole



swordfish



tilapia



trout



tuna



walleye

Allergy to seafood is among the most common food allergies in both children and adults.

There are three types of seafood: crustaceans (crab, shrimp, lobster), mollusks (clam, mussel, oyster, scallop), and **finned fish**.

Although shellfish allergy is the most common allergy to seafood, occurring in about 2.5% of adults and 0.5% of children, allergy to finned fish is also a common food allergy.